



Conversation Starters - For Secondary Schools

This is a complete list of all the questions available as conversation starters. You may like to choose the most appropriate from this list for your students. You can also add your own – and invite students to brainstorm ideas too. We recommend using the conversation cards provided on the day, giving small groups of students a set of different cards at each checkpoint.

1. Bright Future

- What do you think we should be doing to care for our planet?
- What do you think would help decrease homelessness?
- What does the older generation not understand about our generation?
- If you could change one thing in the world, what would it be?
- What are the top three things on your bucket list?
- Is there a political or social issue you have a strong opinion on?
- What scares you the most about the future?
- What is something you personally do to help the environment?
- What is something your family does to help the environment?
- What would you like to see invented in the future?
- What is something you think our school could do to better help the environment?
- Is there a world leader or influential person who really inspires you?
- What things are you looking forward to in the future?
- What goals do you have?
- What things will help you to reach your goals?
- What is something that you are good at, that will help you in the next year?
- What aspect of yourself will be important to your future?

2. Personal Wellbeing - What Fills Your Cup

- What makes you feel good about yourself?
- How do you deal with stress?
- When you think about tomorrow, what are you most excited about?
- Describe your perfect day.
- What has someone done for you that made you feel special?
- Would you rather be happy, rich, or popular?
- What activities or hobbies bring you joy and make you feel fulfilled?
- Who are the people in your life that support your wellbeing and make you feel valued?
- How do you find inspiration and motivation when you have a lot of assignments due?
- When do you feel the most confident?

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- Describe a time when you felt proud of yourself.
- What is your favourite song to listen to, to pump you up?
- What song makes you feel instantly happy?
- What things help you to cope with challenges?
- What is something that you do with one or more people that you really enjoy?
- Is there something you think is better about you now than a couple of years ago? How did you make it better?

3. Deep Dive - Who Am I?

- What topic could you talk about for hours?
- What is something you have done that you are proud of?
- What have you learned about yourself this year?
- Which company would you choose to be a brand ambassador for?
- Do you have a role model? Who are they and why do you look up to them?
- Do you live your life by any motto?
- What would you like to be famous for?
- How would you describe yourself to someone who has never met you?
- What is something about you that most people do not know?
- What role do your friends and family play in shaping your sense of identity?
- What are some steps you can take to live authentically and true to yourself?
- What values or beliefs are important to you?
- What is the most important thing in your life and why?

4. Our School Connection - Inclusion, Respect, Diversity

- What program or club do you wish our school had?
- Who is your favourite teacher? What do you like about them and their teaching style?
- Who in your year is a really good friend to others?
- What language would you like to learn?
- What topic should we learn more about at school?
- What have you learned in school, that a teacher didn't teach you?
- What is something most people you know like, but you don't?
- Who is someone you respect at school? Why?
- What is one new school rule you would introduce?
- Who is one person you would like to know more about at school?
- What traits do you look for in a friend?
- What do you hope other people at school say about you?
- What does inclusion mean to you, and why is it important in our society?
- What are some ways we can challenge stereotypes and biases in our community?

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- How do you feel when you see positive examples of inclusion or diversity in a movie/show?
- What helps you to have good relationships with your teachers?
- What helps you to feel part of your school?
- Has someone noticed something about you that helps you get on with other people?
- What has another person done to look after you?
- What have other people done to help you feel good about yourself?

5. Fun and Random

- What is the best conversation topic in the middle of the night?
- Tell me your funniest joke.
- If your nose had to be somewhere else on your body, where would you put it?
- What app should I get on my phone?
- Who is your favourite music artist right now?
- Once you lie down in bed, how long does it take you to fall asleep?
- Do you like the age you are now, or do you wish you were older/younger?
- If you could read someone's mind, whose would you want to read?
- If you were stranded on a deserted island, what three things would you bring with you?
- If your life had a theme song, what would it be and why?
- If you had the chance to become immortal, would you take it? Why or why not?
- If you could snap your fingers and learn a new skill, what would it be?
- What is the most annoying sound to hear when you are trying to concentrate?
- Who is your favourite YouTuber?
- If you could have any animal as a pet, what would it be?
- What is your favourite ice cream flavour?
- If you could have a super power, what would it be?
- What works to help you make other people laugh?